

Neddy the Nebuliser



Statement of Values

Respect - Caring - Openness - Partnership
- Teamwork Fairness & Equality

Guidance Notes

This booklet has been designed by student nurses of previous years to help young children and their parents/guardians prepare for a specific procedure in The National Children's Hospital, AMNCH. Some children can become anxious about attending hospital therefore the booklet aims to help alleviate some anxiety by communicating information about the planned procedure or surgery.

All preparation and support must be appropriate to the child's age, developmental stage and level of understanding. **Therefore the first reading with the child should be carried out by a nurse or play specialist from the children's hospital.** A child may have a specific question about the procedure which is best answered by staff who are knowledgeable about the planned procedure or surgery.

Once the first reading is carried out a parent/guardian can then read the booklet to their child if they consider it to be helpful in preparing their child for hospital.

Tips for parents/guardians reading the booklets:

Read the book first yourself before reading it with your child. Ensure you have a clear understanding of the content before reading it with your child. Ask your nurse to explain anything you are not sure about.

Prepare any questions that your child is likely to ask.

Find a suitable time in a quiet environment to read with your child.

Read the booklet slowly and clearly to provide your child time to express concerns or ask questions.

Allow your child to look at the pictures, this will encourage younger children to understand the story being told.

Provide honest answers to help build trust. It is alright not to know all the answers. Perhaps a nurse or doctor can clarify any questions you are unsure about at your next visit/appointment.

Repeated readings are helpful to aid understanding and to store information in your child's memory.

We welcome any feedback on these first editions to:

Children's Nurse Practice Development

AMNCH, Tallaght

Dublin 24

Email: rachel.howe@amnch.ie

Your little friend Neddy has a story to tell you

Neddy is a little plastic mask



He helps make your cough and breathing better



Neddy is filled with Magic water.

Neddy is attached to the wall by a tube

Neddy goes over your nose and mouth when you're sitting on your bed or in your chair



Neddy is filled with magic water to help make your cough and breathing better.

Magic air from the tube blows into Neddy ...

...making Neddy noisy and smoky

This blows like wind into your nose and mouth

When Neddy is finished he will be taken off your face for a rest until you need him again



Now you can go and play and have fun.

Well done!



VISIT www.thenationalchildrenshospital.ie for more information on our fundraising campaigns.

DO IT FOR THE KIDS - Run, walk or jog the Flora Women's Mini Marathon on 7th June 2010 in support of The National Children's Hospital Tallaght. To register please contact 01-4142375 or email marathon@thenationalchildrenshospital.ie

Have your golf clubs at the ready on June 24th 2010 at Hermitage Golf Club and join us for our Annual Golf Classic.

Email trek@thenationalchildrenshospital.ie to find out more about THE GREAT WALL OF CHINA TREK in October 2010

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